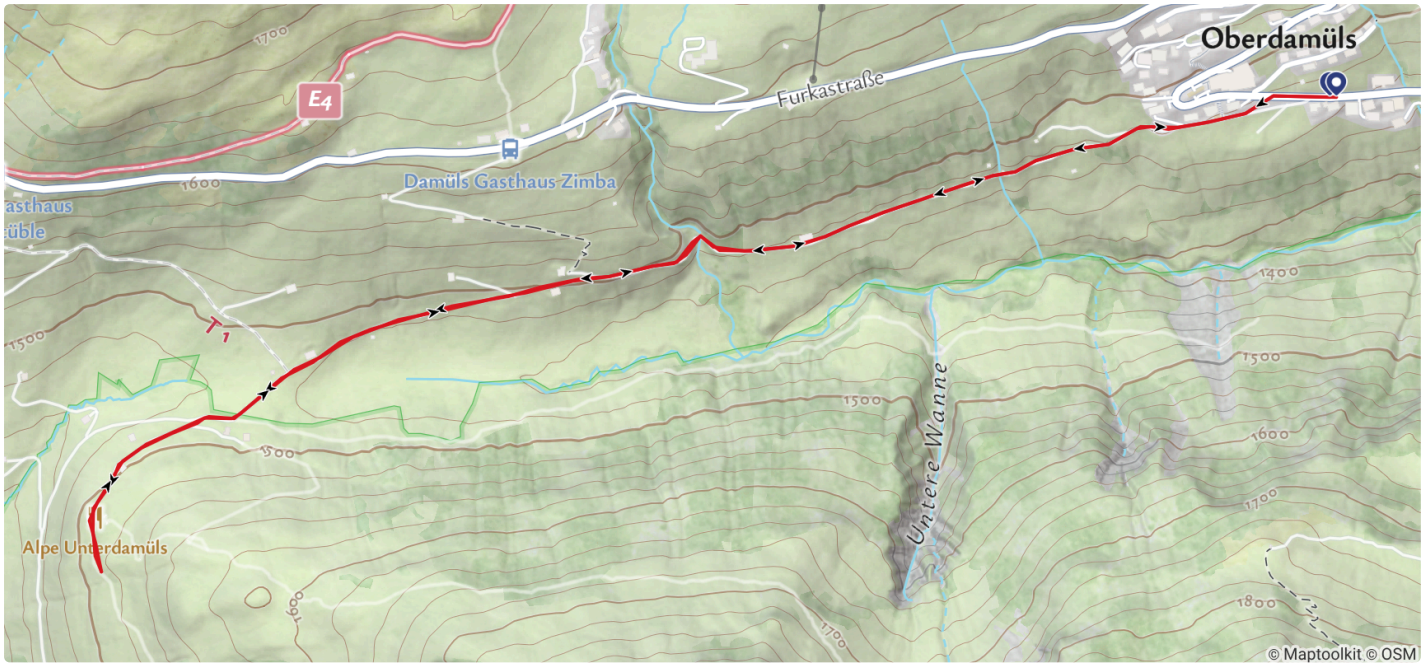
Unterdamüls cross-country trail | Damüls

EASY | THERE AND BACK



Tour description

Style: Classic

This scenic cross-country ski trail has no major inclines or declines and is also well suited for beginners! The start of the trail Unterdamüls is coming from Damüls just after the guesthouse "Zum Glöckle" on the left side. At the starting point there is also a large overview board. From here the trail leads flat to the alp Unterdamüls and on the same route back again. Hints: The Alpe Unterdamüls is not managed in winter.

Changing facilities: There are no changing facilities on site.
Current status: You can find this in the daily updated trail report.

Public transport

Bus line 570, stop "Oberdamüls"

Parking

At the Kirchdorf parking lot or at the Oberdamüls double chairlift, Damüls

Directions

Start above Guesthouse zum Glöckle - Alpe Unterdamüls - same route back

01:30 h duration	4,90 km Length
1516 m Highest point	1466 m Lowest point
49 m Ascent	48 m Descent

Start	Restaurant Glöckle
Tour type	Cross country skiing
Difficulty	Easy

Elevation profile



Condition	
Difficulty	
Result	
Landscape	

Best time of year

JAN	FEB	MAR	APR	MAY	JUN
✓	✓	✓			

JUL	AUG	SEP	OCT	NOV	DEC
					✓

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Safety instructions

EMERGENCY CALL
140 Alpine emergencies Austria-wide
144 Alpine emergencies Vorarlberg
112 Euro-emergency call (works with any mobile phone/network)

www.alpenregion-vorarlberg.com/sicherheitstipps-winter

Due to weather conditions, the cross-country ski trails may not be freshly groomed every day. Changes may occur depending on snow and weather conditions. These are constantly updated and can be accessed via these links:

www.vorarlberg-alpenregion.at/de/walsertal/loipenbericht

www.vorarlberg.at/lawine

Equipment

Good, warm winter clothing, ideally in layers and complete cross-country skiing equipment.

Rental of cross-country skiing equipment: All sports stores in Damüls rent cross-country skiing equipment. You are requested to reserve the equipment in advance.

Tips

Afterwards you can stop at one of the restaurants in the village.

Sicherheitstipps für Langlaufen in Vorarlberg

NOTRUF:

140 - Alpine Notfälle österreichweit

144 - Alpine Notfälle Vorarlberg

112 - Euro-Notruf (funktioniert mit jedem Handy/Netz)

Wetterbedingt kann es vorkommen, dass die Loipen nicht täglich frisch gespurt werden. Je nach Schnee- und Wetterverhältnissen kann es zu Änderungen kommen.

further information