

Barbara bewegt - yoga & more

RECREATION

 Untere Planken 126, 6722 St. Gerold

Yoga & more in the Großes Walsertal.

Barbara bewegt offers a varied yoga programme.

From group classes to individual appointments, from health yoga to summer yoga to flow yoga.

I design the sessions with lightness and humour and would like to pass on mindfulness, flexibility and naturalness to you!

Links

[> Homepage](#)







Address

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Untere Planken 126
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Contact

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