

07.
Jul 2025

Natur-Yoga am Sportplatz St. Gerold

🕒 Monday 8:30 o'clock

Yoga in the Open Air

Hint / Advice

In bad weather, yoga takes place in the barn Lehen, St. Gerold. Individual sessions possible, bring a mat.

Anmeldung

Please register with Barbara Nigsch, info@barbarabewegt.at, T +43 650 44 23 084

Price

individual appointments available, each € 10.00

Meeting point

at the sports field in St. Gerold

Description

On Monday mornings and evenings in summer, there are outdoor yoga sessions for anyone who feels like it and has the time. Everyone is invited to join in, from beginners to experienced yogis. Barbara is looking forward to seeing you!



Venue

Sportplatz St. Gerold

Untere Planken 126

6722 St. Gerold

[+43 650 44 23 084](tel:+436504423084)

info@barbarabewegt.at

<http://www.barbarabewegt.at> ↗



Organizer

Barbara bewegt - yoga & mehr

Untere Planken 126

6722 St. Gerold

[+43 650 44 23 084](tel:+436504423084)

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further dates

date	time
07.07.2025	08:30 o'clock
07.07.2025	20:00 o'clock
14.07.2025	08:30 o'clock
14.07.2025	20:00 o'clock
21.07.2025	08:30 o'clock
21.07.2025	20:00 o'clock
18.08.2025	08:30 o'clock
18.08.2025	20:00 o'clock

date	time
25.08.2025	08:30 o'clock
25.08.2025	20:00 o'clock