

# BERGaktiv Snowshoe hike from Buchboden to Heimenwaldalpe or Unter-Überluth

Challenging snowshoe hike in the Sonntag/Buchboden alpine area.

## Description

Demanding snowshoe hike in alpine areas in Sonntag or Buchboden. Good physical condition and, if possible, initial experience of walking with snowshoes is required.

**Date:** 07.01. und 21.01.2025 | 04.02. und 18.02.2025 | 04.03. und 18.03.2025

**Weekday:** Tuesday

**Duration:** 5 h incl. break

**Walking time/altitude difference:** Ascent 400 m, distance 10 km

**Meeting point:** 09:00, Buchboden church

**Guides:** Helmut Bischof, Florian Müller, hiking and climate guide

### How to get there:

**Public transport:** Arrival possible with line 571 (on-call bus), [www.vmobil.at](http://www.vmobil.at)

**Car park:** Buchboden

### Variant Unter-Überluth:

From the church in Buchboden, we hike along the goods road, always slightly uphill, past various corn fields until we reach the Alpe Unter-Überluth at 1360m after approx. 2 ½ hours. From here we have a marvellous view of the high alpine landscape of the Gadental core zone and out into the valley.

**This tour is only organised in safe snow conditions (avalanche conditions).**

**Route:** Descent as ascent Route changes or cancellations due to avalanche danger are reserved by the hiking guides!

**Walking time/altitude difference:** ascent 400 metres, distance 8.5 km

**Duration:** incl. break approx. 5 h

### Equipment required:

- o Backwith (warm) drink and a snack
- o Warm winter clothing, hat and gloves
- o sturdy mountain boots
- o Ski or hiking poles and gaiters, if available
- o Sunglasses and cream

**Equipment hire:** snowshoes | poles | avalanche transceiver, shovel and probe if required. Rental equipment must be ordered when registering for the hike!

**Price:** € 18.00 per person aged 15 and over; participation in the hike is free of charge for guests of BERGaktiv member companies.

Excluding cable car, bus rides and snacks. Total rental equipment € 18.00.

**Registration:** until 17:00 the day before [www.grosseswalsertal.at/bergaktiv](http://www.grosseswalsertal.at/bergaktiv)



## Venue

### Kirche Buchboden

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<http://www.grosseswalsertal.at/bergaktiv> ↗



## Organizer

### BERGaktiv Grosses Walsertal

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