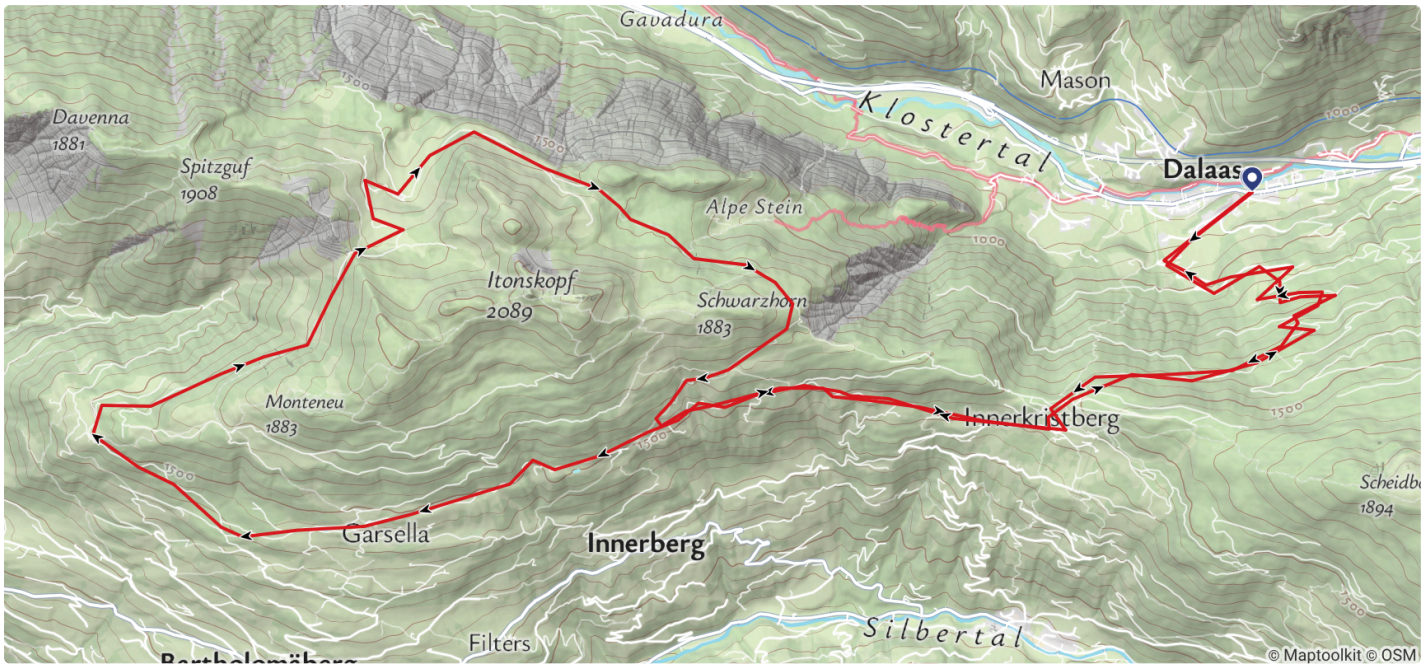
Around the Itonskopf | Dalaas

Klostertal Vorarlberg

HARD | REFRESHMENTS | PANORAMIC | ROUND TRIP



Tour description

Very beautiful mountain bike round tour with panoramic views of the Montafon and Klostertal.

After the start in Dalaas at the Kristbergsaal, the tour leads through the Dalaas community forest up to the Kristbergsattel. From here, a short downhill to the Kristberg Panormagasthof before heading downhill again and then off to the right over several Maisäß up to Ganzaleita. From here to Fritzensee and on to Rellseck. At Rellseck you have a great view of the Rätikon mountains and, of course, the opportunity to take a break. From here, head uphill towards Alplegi before descending on the Klostertal side to Alpe Latons. Approx. 2 km after the Alpe Latons, the goods road narrows into a hiking trail. From now on, the trail continues on a single trail in the direction of the Falle viewpoint. Shortly afterwards, turn right and descend towards the Maisäßlandschaft and back up to the Panoramagasthof Kristberg. From here, take the same route as at the beginning back to Dalaas.

Public transport

www.vmobil.at

Parking

Parking lot Kristbergsaal, Dalaas

Directions

Dalaas - Dalaaser Gemeindewald - Kristbergsattel - Panoramagasthof Kristberg - Ganzaleita - Fritzensee - Rellseck - Alplegi - Alpe Latons - Falle - Ganzaleita - Panoramagasthof Kristberg - Kristbergsattel - Dalaaser Gemeindewald - Dalaas

Safety instructions

EMERGENCY CALL
140 Alpine emergencies Austria-wide
144 Alpine emergencies Vorarlberg
112 Euro-emergency call (works with any mobile phone/network)

www.alpenregion-vorarlberg.com/sicherheitstipps-mountainbike

04:30 h duration	**34,9 km** Length
1802 m Highest point	**843 m** Lowest point
1563 m Ascent	**1564 m** Descent

Start	Bus stop - Kristbergsaal
Finish	Bus stop - Kristbergsaal
Tour type	Mountain bike
Difficulty	● Hard

Elevation profile



Condition	
Difficulty	
Result	
Landscape	

Best time of year

JAN	FEB	MAR	APR	MAY	JUN
○	○	○	○	○	✓
JUL	**AUG**	**SEP**	**OCT**	**NOV**	**DEC**
✓	✓	✓	✓	○	○

Klostertal Tourismus
www.klostertal.travel
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Equipment

Mountain bike, helmet, rain or sun protection, small snacks and enough water to drink. Mobile phone in case of emergency.

Tips

Challenging tour with great single trails!

Sicherheitstipps für Mountainbike in Vorarlberg

NOTRUF:

140 Alpine Notfälle österreichweit

144 Alpine Notfälle Vorarlberg

112 Euro-Notruf (funktioniert mit jedem Handy/Netz)

further information