

02.
Jul 2025

Yoga im Panoramahotel Alpenstern

🕒 **Wednesday 8:30 o'clock**

We are delighted to invite you to our weekly yoga classes! Design your personal vitality plan flexibly and attend the sessions that suit you best. Whether you are a yoga beginner or already have some experience - our experienced trainer Miri will tailor the course content to your level. Experience the positive effects of yoga & co. in a relaxed atmosphere.

You can easily book your yoga classes by phone at reception or by email. Payment is made directly at reception. If you are unable to attend, please let us know at least 5 hours before the start of the course - otherwise we will unfortunately have to charge for the session. We look forward to seeing you!

Registration: +43 5510 513 or info@hotel-alpenstern.at

Cost: one session 12 euros, block of 5 50 euros

Description

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We look forward to seeing you!

Dates: 02.-05.07

Weekday: Wednesday- Saturday

Time: 8.30 am and 4 pm

Location: Panoramahotel Alpenstern

Registration: +43 5510 513 or info@hotel-alpenstern.at Cost: one session 12 euros, block of 5 50 euros



Venue

Alpenstern Panoramahotel

Damüls 191

6884 Damüls

[\(0043\) 5510 513](tel:(0043)5510513)

info@hotel-alpenstern.at

<http://www.hotel-alpenstern.at> ↗



Organizer

Alpenstern Panoramahotel

Damüls 191

6884 Damüls

[\(0043\) 5510 513](tel:(0043)5510513)

info@hotel-alpenstern.at

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further dates

date	time
02.07.2025	08:30 o'clock
02.07.2025	16:00 o'clock
03.07.2025	08:30 o'clock
03.07.2025	16:00 o'clock
04.07.2025	08:30 o'clock
04.07.2025	16:00 o'clock
05.07.2025	08:30 o'clock
05.07.2025	16:00 o'clock