

21.
Jun 2025

Sauna Event Sommwend im Val Blu

🕒 Saturday 18:00 o'clock

Duration: 6 hours

On **June 21st** we celebrate the **Summer Solstice** – the longest day of the year – with a very special sauna experience under the motto “**Fire & Solstice**”.

Description

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Dive into a mystical night full of **warming infusions**, **fiery rituals** and **natural energy**. Let our **sauna ceremony at sunset**, accompanied by fragrant herbal essences and crackling fire, transport you to another world.

Our sauna professionals **Soli** and **Michael** will take you on a sensual **birch journey**, where traditional techniques and fragrant birch branches ensure a deep sense of purification. In addition, an exclusively prepared **special peeling** awaits you, revitalizing body and mind.

The evening is rounded off with **atmospheric music**, small surprises, and loving details – for an unforgettable experience in the spirit of light, fire, and regeneration.

Date: 21.06.

Time: 18:00 - 24:00 (last infusion at 23:00)

Location: Sauna area Val Blu



Venue

Val Blu

Haldenweg 2a
6700 Bludenz

+43 5552 63106

valblu@bludenz.at

http://www.valblu.at ↗



Organizer

VAL BLU Resort SPA&Sports Hotel

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