Alvier Sprint 2 | Brand

EASY | ROUND TRIP



Tour description

Together with the Alvier Sprint 1, this variant offers the optimal training opportunity in the center of Brand.

This short trail run leads a short distance into the valley on the right-hand side of the Alvier. At the second opportunity to cross the stream, the tour continues into the valley on the left side of the stream. This trail continues along the Ill until you reach a bridge. At the bridge, switch back to the other side of the stream and continue until you cross the road into the Brügga district. Cross the bridge and continue out of the valley along the road on the opposite side until you get back to the starting point.

Directions

Trailrun starting point at the Alvierbad - footpath into the valley - crossing of the Alvier - footpath into the valley - crossing of the Alvier - footpath into the valley - road into the district Brügga - road out of the valley - trailrun starting point at the Alvierbad

Public transport

Bus line 580, bus stop "Brand Gemeindezentrum"

Timetable enquiry online at www.vmobil.at

Parking

At the parking lot of the Alvierbad

Equipment

Running shoes, sun and rain protection, filled water bottle, snack (as you wish) and first aid equipment. Mobile phone for emergencies.

Tips

If this tour is too long for you, you can do the Alvier Sprint 1! See tour description: Alvier Sprint 1 | Brand

00:30 h duration	2,84 km Length
1038 m Highest point	985 m Lowest point
62 m Ascent	62 m Descent

Start	"Alvierbad" Nature Pond
Finish	"Alvierbad" Nature Pond
Tour type	Trail running
Difficulty	Easy

Elevation profile



Condition	
Difficulty	
Result	
Landscape	

Best time of year

JAN	FEB	MAR	APR	MAY	JUN
○	○	○	○	✓	✓

JUL	AUG	SEP	OCT	NOV	DEC
✓	✓	✓	✓	○	○

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Safety in the mountains

EN NOTRUF:

EN 140 - Alpine Notfälle österreichweit

EN 144 - Alpine Notfälle Vorarlberg

EN 112 - Euro-Notruf (funktioniert mit jedem Handy/Netz)

further information