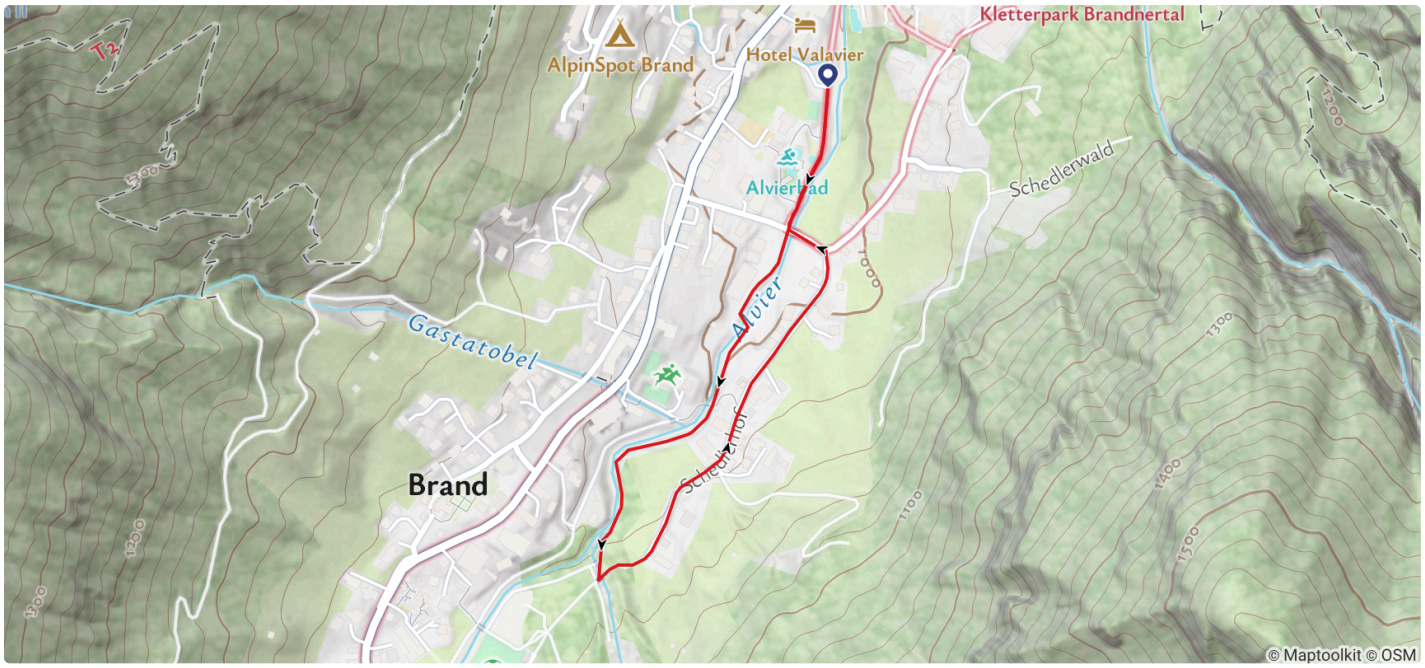
Alvier Sprint 1 | Brand

EASY | ROUND TRIP



Tour description

Whether in a fast or easy walking pace - on this short route along the river "Alvier" everyone finds his individual pace.

This short trail run leads a short distance on the right side of the Alvier into the valley. At the first opportunity to cross the stream, the tour leads further into the valley on the left side of the stream. Once you reach a ravine, this tour leads back to the starting point on the road.

Public transport

Bus line 580, bus stop "Brand Gemeindezentrum"

Timetable enquiry online at www.vmobil.at

Parking

At the parking lot of the Alvierbad

Directions

Trailrun starting point at the Alvierbad - footpath into the valley - crossing of the Alvier - footpath into the valley - Tobel - road out of the valley - trailrun starting point at the Alvierbad

Equipment

Running shoes, sun and rain protection, filled water bottle, snack (as you wish) and first aid equipment. Mobile phone for emergencies.

Tips

If this tour is too short for you, you can do the Alvier Sprint 2! See tour description: Alvier Sprint 2 | Brand

Starting Point

Trailrun starting point at the Alvierbad

00:15 h duration	**1,70 km** Length
1029 m Highest point	**985 m** Lowest point
45 m Ascent	**45 m** Descent

Start	"Alvierbad" Nature Pond
Finish	"Alvierbad" Nature Pond
Tour type	Trail running
Difficulty	Easy

Elevation profile

Condition	
Difficulty	
Result	
Landscape	

Best time of year

JAN	FEB	MAR	APR	MAY	JUN
○	○	○	○	✓	✓
JUL	**AUG**	**SEP**	**OCT**	**NOV**	**DEC**
✓	✓	✓	✓	○	○

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Destination

Trailrun starting point at the Alvierbad

Safety instructions

EMERGENCY CALL
140 Alpine emergencies Austria-wide
144 Alpine emergencies Vorarlberg
112 Euro-emergency call (works with any mobile phone/network)

www.alpenregion-vorarlberg.com/sicherheitstipps-wandern

Safety in the mountains

EN NOTRUF:

EN 140 - Alpine Notfälle österreichweit

EN 144 - Alpine Notfälle Vorarlberg

EN 112 - Euro-Notruf (funktioniert mit jedem Handy/Netz)

further information