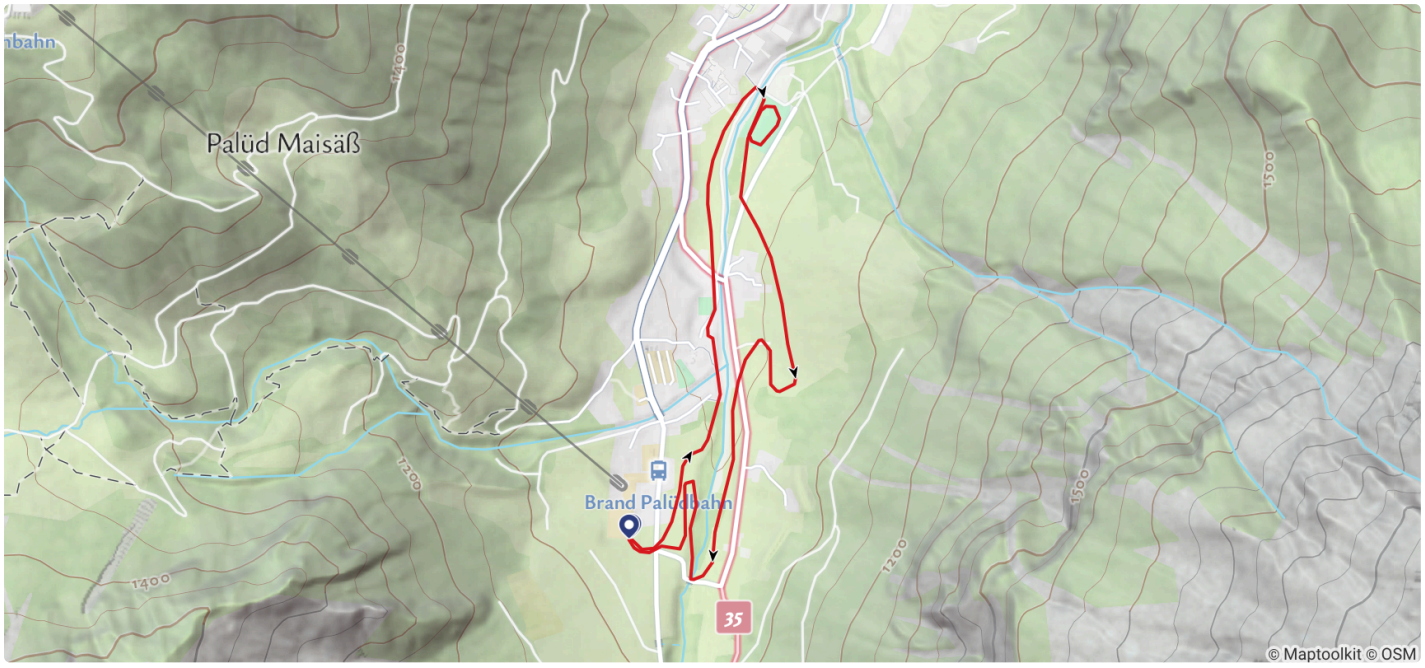
Cross-country ski trail "Innertal" | Brand

MODERATE | REFRESHMENTS | ROUND TRIP



Tour description

Style: Classic

The quiet version of skiing when you glide gently over the snow - this can be experienced on the "Innertal" cross-country trail in Brandnertal at the foot of the Mottakopf. The trail starts at the car park at the Palüdbahn valley station at the end of the village (entry is possible at several points, in good snow conditions also in the village centre at the Beck riding hall). First, turn left and follow the Alvierbach stream out of the valley until you reach the new multi-purpose building of the municipality of Brand. Here the trail now leads over a bridge to the other side of the stream to the football pitch. The trail loops again here before two medium ascents and a short descent back down the valley. After the moderately difficult descent, the trail leads past the Sacred Heart Chapel and back to the starting point. Alternatively, you can cross the road here and make another loop above the road directly below the Mottakopf. **Please note:** This last section or loop (difficulty: easy ascent, medium difficulty descent) is not always groomed.

Changing facilities: There are no changing facilities directly on site, but there is a changing facility in the public WC in the community centre or at the valley station of the Palüdbahn cable car.
Current status: You can find this in the daily updated trail report.

Public transport

Bus line 580 to stop "Palüdbahn"

Time schedule online at www.vmobil.at

Parking

Public car park in Brand

Directions

Palüdbahn valley station car park - out of the valley along the Alvier stream - up to the level of the new multi-purpose building of the municipality of Brand - bridge over the Alvier stream - Brand football pitch - two small climbs with a short descent to the Herz-Jesu chapel - Palüdbahn valley station car park - if snow conditions are suitable, further loop outside the Mottakopf peak.

01:00 h duration	**3,20 km** Length
1072 m Highest point	**1025 m** Lowest point
48 m Ascent	**47 m** Descent

Start	Palüd Cable Car Brandnertal
Finish	Palüd Cable Car Brandnertal
Tour type	Cross country skiing
Difficulty	Moderate

Elevation profile



Condition	
Difficulty	
Result	
Landscape	

Best time of year

JAN	FEB	MAR	APR	MAY	JUN
✓	✓	✓			

JUL	AUG	SEP	OCT	NOV	DEC
					✓

Brandnertal Tourismus
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Safety instructions

EMERGENCY
140 alpine emergencies throughout Austria
144 Alpine Emergencies Vorarlberg
112 Euro emergency call (works with any mobile / network)

www.alpenregion-vorarlberg.com/sicherheitstipps-winter

Due to the weather, it may happen that the trails are not daily freshly groomed. Depending on the snow and weather conditions, there may be changes. These are constantly updated and are continuously available at these links:

www.brandnertal.at/schneebericht

www.vorarlberg.at/lawine

Equipment

Good, warm winter clothing and complete cross-country skiing equipment.

Tips

After cross-country skiing you can warm yourself up in the restaurants in Brand!

Sicherheitstipps für Langlaufen in Vorarlberg

NOTRUF:

140 - Alpine Notfälle österreichweit

144 - Alpine Notfälle Vorarlberg

112 - Euro-Notruf (funktioniert mit jedem Handy/Netz)

Wetterbedingt kann es vorkommen, dass die Loipen nicht täglich frisch gespurt werden. Je nach Schnee- und Wetterverhältnissen kann es zu Änderungen kommen.

further information