

13.
May 2025

forest bathing in Nüziders

🕒 Tuesday 16:30 o'clock

Experience the calming effect of forest bathing.

Guest Cards



Guest Card Premium



Brandnertal, Bludenz, Kloostertal Guest Card

Meeting point

16:30 at Panorama Camping Sonnenberg (Hinteroferst 12 in Nüziders)

Hint / Advice

Forest bathing is suitable for individuals aged 14 and older.

Description

Who is forest bathing suitable for? - For really everyone! Whether young or old, healthy or sick, active or leisurely. You don't need any special prerequisites for forest bathing - just the openness to engage with the forest as a place of peace and strength. And on the side, you are boosting your health. How does that work? Be curious and treat yourself to your very own "forest cure."

Requirements

3-12 persons (Please note that the adventure program must be cancelled if the minimum number of participants is not reached)

Anmeldung

Until 4:00 PM the day before at Angelika Mathies, +43 664 4339677, angelika.mathies@vcon.at

Price

with Guest Card:

€ 35.00

without Guest Card:

€ 45.00

Arrival Information

Arrival by public transport:

Landbus 560, Haltestelle "Nüziders Kapelle". The exact connections can be found at www.vmobil.at. Travelling by public transport is free with the Brandnertal, Bludenz, Klostertal Guest Card and the Guest Card Premium.

Guest card services



Venue



Organizer

Panoramacamping Sonnenberg, Hinteroferst 12

Hinteroferst 12

6714 Nüziders

[+43 699 10 79 28 13](tel:+4369910792813)info@camping-sonnenberg.com<http://www.camping-sonnenberg.com> ↗**Frau Angelika Mathies**[+43 664 43 39 677](tel:+436644339677)angelika.mathies@vcon.at

further dates

date	time
13.05.2025	16:30 o'clock
20.05.2025	16:30 o'clock
27.05.2025	16:30 o'clock
03.06.2025	16:30 o'clock
10.06.2025	16:30 o'clock
17.06.2025	16:30 o'clock
24.06.2025	16:30 o'clock
01.07.2025	16:30 o'clock
08.07.2025	16:30 o'clock
15.07.2025	16:30 o'clock