

07.
May 2025

Entspannungsabende in der Natur mit Silvia

🕒 Wednesday 18:00 o'clock

Leave everyday life behind you and return to your inner center.

Guest Cards



Guest Card Premium



Brandnertal, Bludenz, Klostertal Guest Card

Arrival Information

Arrival by public transport:

Landbus 720, bus stop "Bings Alfenzbrücke/Stallehr", then 10 min by foot. The exact connections can be found at www.vmobil.at. Travelling by public transport is free with the Brandnertal, Bludenz, Klostertal Guest Card and the Guest Card Premium.

Equipment

Come in comfortable clothing, bring your favorite pillow and a soft blanket.

Description

Leave everyday life behind you and return to your inner center.

Experience a place of peace and serenity. Surrounded by the silence of nature and the calming aura of the horses, I offer you space

for a time-out full of relaxation and recuperation. With mediation, progressive muscle relaxation and fantasy journeys, you can calm your senses, reduce stress and recharge your batteries.

Hint / Advice

The relaxation session only takes place in good weather. The horses are located nearby, but in a separate area. Participation is therefore possible for everyone, even without direct contact with the horses.

Price

with Guest Card:

€ 20.00 per person

without Guest Card:

€ 25.00 per person

Anmeldung

by 12:00 on the same day, with Silvia Plangg: T +43 664 111 7631

Guest card services





Venue

Stallehr

+43 664 11 17 631

office@silvia-pferdecoaching.com



Organizer

Pferdegestütztes Coaching

+43 664 11 17 631

office@silvia-pferdecoaching.com

further dates

date

07.05.2025

14.05.2025

21.05.2025

28.05.2025

04.06.2025

time

18:00 o'clock

18:00 o'clock

18:00 o'clock

18:00 o'clock

18:00 o'clock