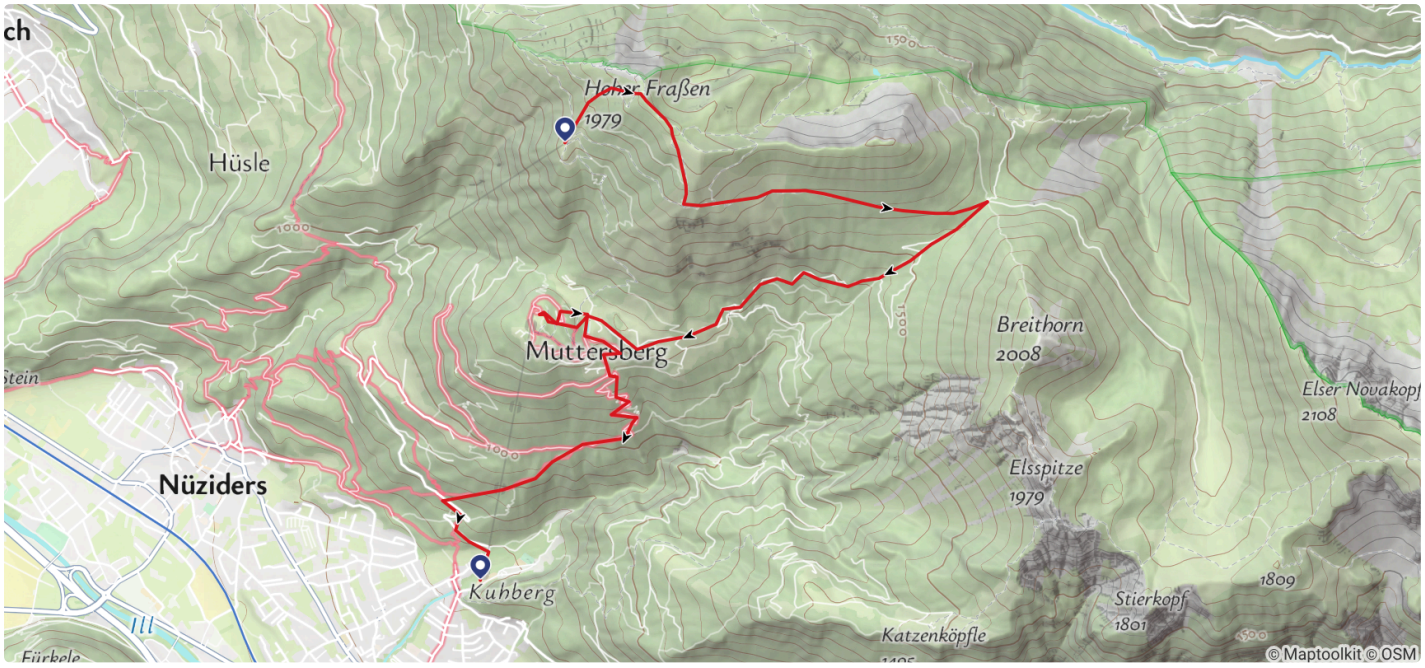
# 2-Day Hike to the Frassenhütte (Stage 2) | Bludenz

MODERATE | REFRESHMENTS | PANORAMIC | STAGE TOUR | ROUND TRIP




## Tour description

**A varied 2-day mountain hike from the Muttersberg Cable Car to the Frassenhütte, including an overnight stay and an ascent to the summit of the Hoher Frassen**

On the second day, the route leads from the**Frassenhütte up**a trail to the summit of**the Hoher Frassen**. At the top, a magnificent 360° panoramic view of Vorarlberg, the Silvretta, the Rätikon, and the Swiss Alps awaits you—a real highlight for mountain lovers. From the summit, follow the marked trail over the**Tiefenseesattel**. The descent continues along forest and hiking trails to**the Muttersberg Cable Car**. Depending on your energy and time, you can end the tour at the mountain station and take the cable car back, or continue descending to the valley station. There is also a direct descent from the Tiefenseesattel back down to the valley.

**Duration**
approx. 3–4 hours descent to Muttersbergbahn valley station
Shortcut via the mountain railway possible.
*Note: The times given are approximate. Depending on weather or other factors, the walking time may be shorter or longer.*

**Refreshments**:
, Alpengasthof Muttersberg
, Frassenhütte

## Directions

Stage 2: Frassenhütte – Hoher Frassen – Tiefenseesattel – Muttersbergbahn Valley Station

## Equipment

Sturdy footwear, warm clothing, rain and sun protection, a snack, a full water bottle, and hiking poles are recommended. Additionally, bring gear for an overnight stay in a mountain hut. A cell phone for emergencies.

## Public transportation

Landbus Route 501, Bludenz Oberdaneu/Muttersberg Cable Car stop
Check the schedule online atwww.vmobil.at

| | |
|---|---|
| **03:15 h** duration | **10,6 km** Length |
| **1958 m** Highest point | **675 m** Lowest point |
| **230 m** Ascent | **1280 m** Descent |

| | |
|---|---|
| **Start** | Frassen hut |
| **Finish** | Muttersberg Cable Car |
| **Tour type** | Mountain Hike |
| **Difficulty** | Moderate |

### Elevation profile




| | |
|---|---|
| **Condition** | |
| **Technique** | |
| **Difficulty** | |
| **Result** | |
| **Landscape** | |

### Best time of year

| JAN | FEB | MAR | APR | MAY | JUN |
|---|---|---|---|---|---|
| ○ | ○ | ○ | ○ | ○ | ✓ |
| **JUL** | **AUG** | **SEP** | **OCT** | **NOV** | **DEC** |
| ✓ | ✓ | ✓ | ○ | ○ | ○ |

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## the park

Muttersberg Cable Car Parking Lot

## More information and links

Lodge reservation:

Frassen Hut

## Safety in the mountains

**EN NOTRUF:**

EN 140 - Alpine Notfälle österreichweit

EN 144 - Alpine Notfälle Vorarlberg

EN 112 - Euro-Notruf (funktioniert mit jedem Handy/Netz)

further information