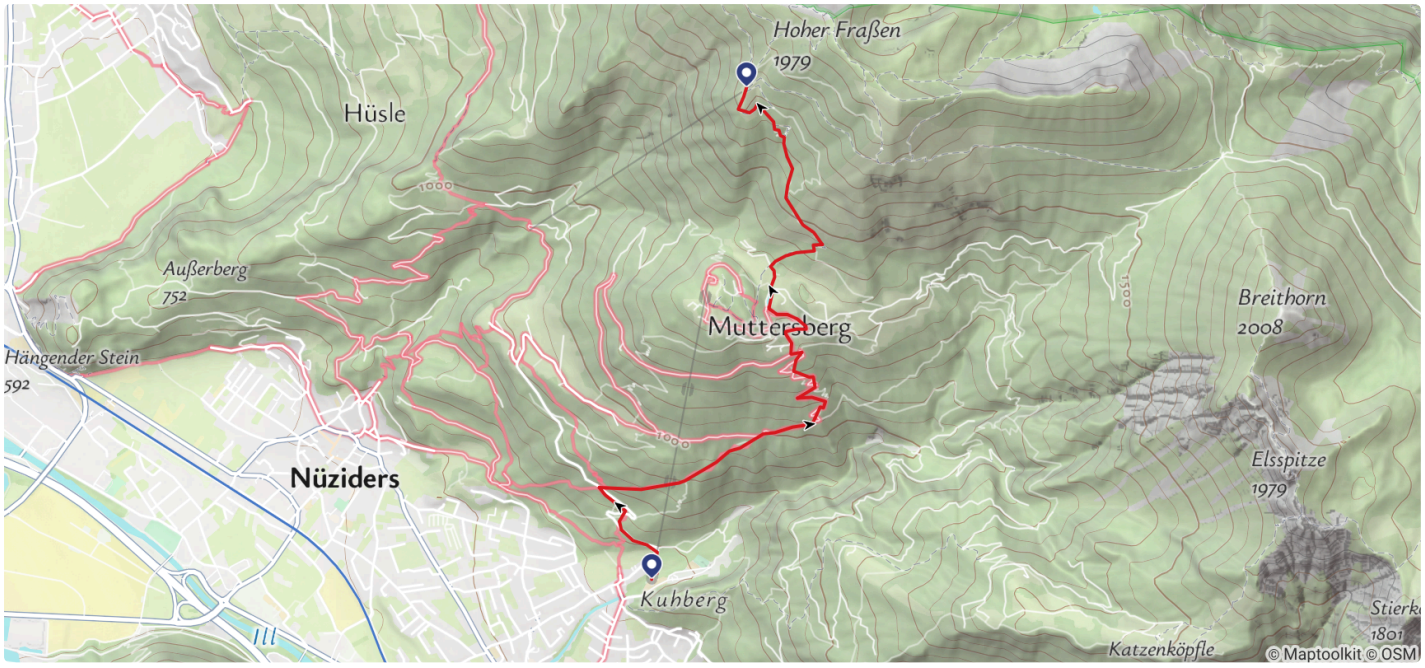
# 2-Day Hike to the Frassenhütte (Stage 1) | Bludenz

bludenz
Die Alpenstadt

MODERATE | REFRESHMENTS | PANORAMIC | STAGE TOUR | ROUND TRIP




## Tour description

**A varied 2-day mountain hike from the Muttersberg Cable Car to the Frassenhütte, including an overnight stay and an ascent to the summit of the Hoher Frassen**

You'll start your hike at the**Muttersberg**cable car's valley station**and**follow the trail toward the mountain station. Alternatively, you can take the cable car up to 1,401 m. From there, a well-marked trail leads through sparse mountain forest to the cozy**Frassenhütte at**about 1,725 m. Enjoy the first panoramic views of the Rätikon and the Walgau along the way, as well as the tranquility of the alpine landscape.

**Duration**
approx. 3–4 hours ascent to the Frassenhütte (without the cable car)
Shortcut via the cable car possible.
*Note: The times given are approximate. Depending on the weather or other factors, the walking time may be shorter or longer.*

**Accommodations**
Frassenhütte

**Refreshments**
Alpengasthof Muttersberg
Frassenhütte

## Directions

Stage 1: Muttersberg Cable Car (Lower Station) – Muttersberg Cable Car (Upper Station) – Frassenhütte

## Equipment

Sturdy footwear, warm clothing, rain and sun protection, a snack, a full water bottle, and hiking poles are recommended. Additionally, bring gear for an overnight stay in a mountain hut. A cell phone for emergencies.

| | |
|---|---|
| **03:55 h** duration | **5,11 km** Length |
| **1727 m** Highest point | **679 m** Lowest point |
| **1040 m** Ascent | **0 m** Descent |

| | |
|---|---|
| **Start** | Muttersberg Cable Car |
| **Finish** | Frassen hut |
| **Tour type** | Mountain Hike |
| **Difficulty** | Moderate |

### Elevation profile




| | |
|---|---|
| **Condition** | |
| **Technique** | |
| **Difficulty** | |
| **Result** | |
| **Landscape** | |

### Best time of year

| JAN | FEB | MAR | APR | MAY | JUN |
|---|---|---|---|---|---|
| ○ | ○ | ○ | ○ | ○ | ✓ |
| **JUL** | **AUG** | **SEP** | **OCT** | **NOV** | **DEC** |
| ✓ | ✓ | ✓ | ○ | ○ | ○ |


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## Public transportation

Landbus Route 501, Bludenz Oberdaneu/Muttersberg Cable Car stop
Check the schedule online atwww.vmobil.at

## the park

Muttersberg Cable Car Parking Lot

## More information and links

Lodge reservation:

Frassen Hut

## Safety in the mountains

**EN NOTRUF:**

EN 140 - Alpine Notfälle österreichweit

EN 144 - Alpine Notfälle Vorarlberg

EN 112 - Euro-Notruf (funktioniert mit jedem Handy/Netz)

further information