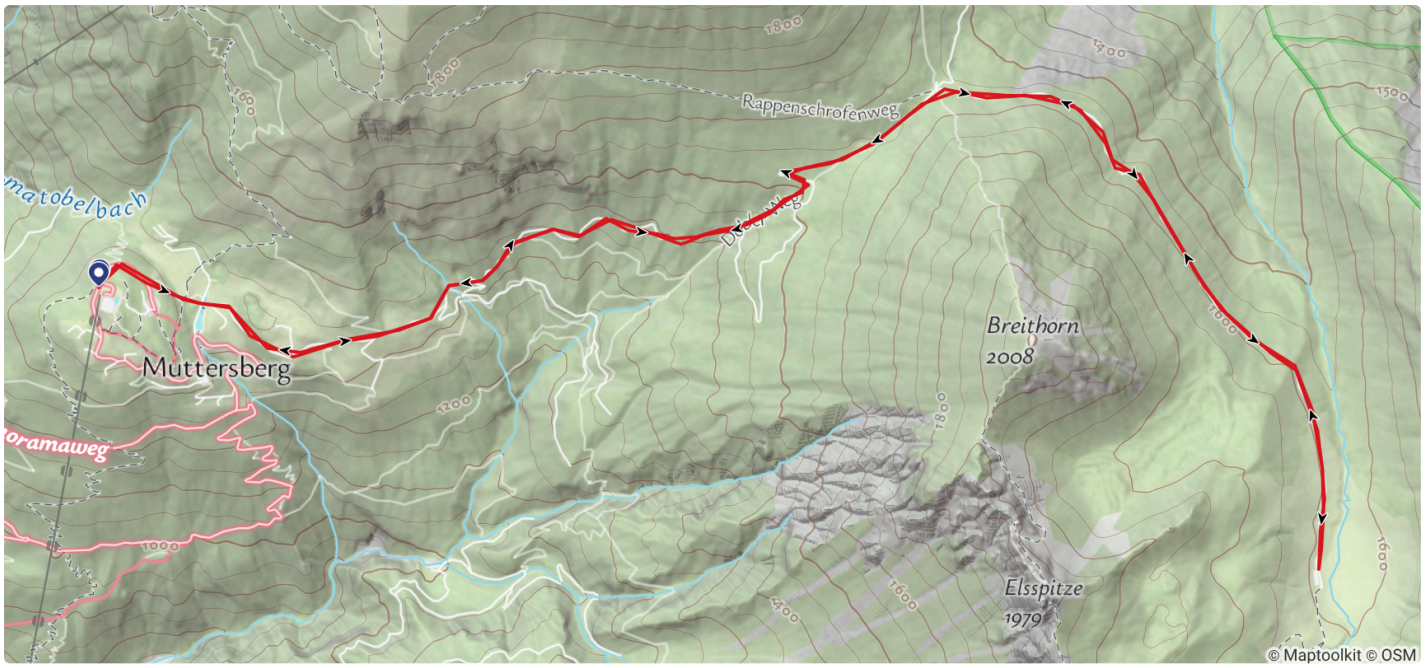
# Muttersberg - Alpe Els | Bludenz

MODERATE | REFRESHMENTS | PANORAMIC | FAMILY-FRIENDLY | CABLE CAR ASCENT/DESCENT | THERE AND BACK




## Tour description

**Hike to the idyllic Alpe Els, situated under the Gamsfreiheit. A refreshment stop is worthwhile!**

From the mountain station of the Muttersberg cable car, a road leads to the Tiefenseesattel. On a gentle incline - with a magnificent view of the surrounding mountains - the trail continues to the farmed Alpe Els. The idyllically situated alpine pasture below the Gamsfreiheit is a popular destination for hikers and mountain bikers. Delicious alpine products invite you to enjoy and linger. The way back follows the same route.

| | |
|---|---|
| **03:30 h** duration | **11,6 km** Length |
| **1599 m** Highest point | **1317 m** Lowest point |
| **357 m** Ascent | **357 m** Descent |

| | |
|---|---|
| **Start** | Muttersberg Cable Car |
| **Finish** | Muttersberg Cable Car |
| **Tour type** | Hiking trail |
| **Difficulty** | Moderate |

### Elevation profile




| | |
|---|---|
| **Condition** | |
| **Difficulty** | |
| **Result** | |
| **Landscape** | |

### Best time of year

| JAN | FEB | MAR | APR | MAY | JUN |
|---|---|---|---|---|---|
| ○ | ○ | ○ | ○ | ○ | ✓ |
| **JUL** | **AUG** | **SEP** | **OCT** | **NOV** | **DEC** |
| ✓ | ✓ | ✓ | ✓ | ○ | ○ |

### Public transport

City bus line 501, stop Muttersberg cable car

Timetable enquiry online at www.vmobil.at

### Parking

Parking place at the valley station Muttersberg cable car

### Directions

Muttersberg cable car mountain station - goods path to Tiefenseesattel - continue to Alpe Els - Alpe Els - optional: ascent to Elser Fürkele - same route back

### Safety instructions

**EMERGENCY CALL**

140 Alpine emergencies Austria-wide

144 Alpine emergencies Vorarlberg

112 Euro-emergency call (works with any mobile phone/network)

www.alpenregion-vorarlberg.com/sicherheitstipps-wandern

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## Equipment

Ankle-high mountain boots with treaded soles, sun and rain protection, snack, filled water bottle and first aid kit. Mobile phone for emergencies.

## Tips

For those who still have some condition, a short ascent (approx. 45 min.) to the Elser Fürkele is worthwhile. A sensational view of the Rätikon mountains and the valley awaits you. Back on the same way!

## Safety in the mountains

**EN NOTRUF:**

EN 140 - Alpine Notfälle österreichweit

EN 144 - Alpine Notfälle Vorarlberg

EN 112 - Euro-Notruf (funktioniert mit jedem Handy/Netz)

further information